



Raleigh Endoscopy Center - Cary
1505 S.W. Cary Parkway,
Suite 202, Cary, NC 27511
Telephone: (919) 854-2500
Fax: (919) 854-2510

Trilyte/Colyte

Bowel Preparation for your Colonoscopy

WHEN: date: _____ time: _____ report: _____

WHERE: ____ Raleigh Endoscopy Center Cary ____ WakeMed Cary ____ Rex Hospital

CHECK IN: Register with business office or front desk, " same day outpatient dept."

IF: You have questions or change in physical condition, such as a cold, cough or the flu, call 919-854-2500.

PURCHASE: (4) dulcolax 5mg tabs (otc) and prescription of trilyte/colyte

THREE/FIVE DAYS PRIOR TO PROCEDURE: _____

- Stop all aspirin products, any blood thinners (coumadin, warfarin, plavix, , lovenox, ticlid), vitamins and supplements. You may take tylenol for pain.

TWO DAYS PRIOR TO PROCEDURE: _____

- At 3:00pm take 4 Dulcolax tabs with 8-10oz of fluids

ONE DAY PRIOR TO PROCEDURE: _____

- If blood test is required have it done @ _____ before 10:00am.
- You will be on clear liquids all day long.
- You will need easy access to a bathroom.
- Early in the morning mix your halflytely solution with warm water, mix well and refrigerate.
- Morning: prepare colyte/trilyte (one gallon) by adding one flavor packet and filling the jug to the fill line with lukewarm water. Mix well until all powder is dissolved, place in refrigerator for better taste.
- At 6pm start drinking the solution. Drink 8oz glass every 10-15 minutes (about 8 glasses). Drink each glass quickly rather than drinking small amounts continuously. Be sure to drink all of the solution. Drink at a pace that is comfortable. You may start going to the bathroom after only a couple of glasses. Be sure to drink "all" of the solution to insure a clean colon. It will take approximately 1 ½ to 2hrs to consume all the solution.
- If you take insulin or other diabetic medications, you will take ½ your usual dose on _____ am and if you take a "pm" dose test glucose levels before taking it. Hold "am" dose on the morning of your procedure. You may resume your usual dose once you have restarted eating.

THE DAY OF PROCEDURE: _____

- Nothing to eat or drink after midnight (12:00am), except you may take blood pressure and heart medications with a sip of water.
- Arrive to the facility promptly.
- A responsible adult must accompany you, and must be able of driving you home and caring for you for the rest of the day.
- If a condition arises during or after the procedure that necessitates hospitalization, then you will be treated as an inpatient.

**** There will be a \$50.00 Fee to reschedule or cancel a procedure without 48 hrs notice.