

OFFICE INFORMATION

CAROLINA
GASTROENTEROLOGY

570 New Waverly Place
Suite 140 Cary, NC 27511
Telephone: (919) 854-2500

Procedure date:

Arrival time:

Please note this is an approximate time. The facility may call you the day before your procedure with a different arrival time.

Location:

Raleigh Endoscopy Center - Cary
1505 S.W. Cary Parkway, Suite 202
Cary, NC 27511

Evening-Before Regimen

Bowel Preparation for Colonoscopy With MoviPrep

Colonoscopy is a routine, generally safe procedure used to examine the colon. There are steps that you, the patient, must take before the procedure to ensure the highest level of safety and effectiveness.

Other than the MoviPrep the morning of your exam, do not drink or eat anything after midnight the night before your exam.

*Please Note: No ibuprofen, Aleve, BC or Goodies Powder, Motrin', calcium, Vitamin E, fish oil, Omacor, Lovaza, herbal products, arthritis medications, Pletal or Trental one week prior to your procedure. You may take your blood pressure medication the morning of the test (2 hours before arrival) with a small sip of water. Remember, do not eat or drink after midnight the night before your exam (with the exception of your prep)

** You will be given medications for sedation and must have a ride home. For your safety, you cannot take a taxi home.

** Blood-thinning medications (such as Coumadin, Ticlid, Plavix, Persantine, Aggrenox and Lovenox) may need to be discontinued prior to your procedure. Please contact your prescribing physician for instructions well in advance; you may need to be off these drugs up to 10 days prior to your procedure.

*There will be a \$50 administrative fee for procedures canceled or rescheduled with less than 7 days notice.

SAFETY CONSIDERATIONS

MoviPrep® (PEG-3350, sodium sulfate, sodium chloride, potassium chloride, sodium ascorbate and ascorbic acid for oral solution) is indicated for cleansing of the colon as a preparation for colonoscopy in adults 18 years of age or older. MoviPrep is contraindicated in patients who have had a severe hypersensitivity reaction to any of its components. MoviPrep should be used with caution in patients using concomitant medications that increase the risk of electrolyte abnormalities, in patients with known or suspected hyponatremia, severe ulcerative colitis, ileus, gastrointestinal obstruction or perforation, gastric retention, toxic colitis, toxic megacolon, or glucose-6-phosphate dehydrogenase deficiency. In clinical trials, abdominal distention, anal discomfort, thirst, nausea, and abdominal pain were the most common adverse reactions to MoviPrep administration. MoviPrep contains a maximum of 2.33 mg of phenylalanine per treatment.

Please see accompanying full Prescribing Information for MoviPrep.



Patient Preparation for Colonoscopy

* Take 2 Dulcolax tablets or 8 oz. magnesium citrate, two nights before test at 7pm.

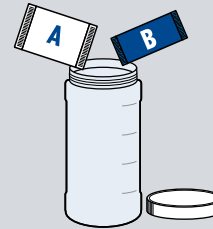
The day before your exam: Eat a liquid breakfast, lunch and dinner. For example: Jell-O, popsicles, Gatorade, and juice (but nothing red or purple). Any broth is okay, including chicken broth and beef bouillon. To avoid kidney injury and dehydration, **drink plenty of liquids all day.**

Beginning at: 6pm the night before text

STEP 1 MIX FIRST DOSE

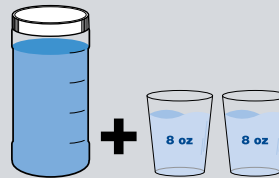
- Empty 1 Pouch A and 1 Pouch B into the disposable container
- Add lukewarm drinking water to the top line of the container. Mix to dissolve

If preferred, mix solution ahead of time and refrigerate prior to drinking. The reconstituted solution should be used within 24 hours.



STEP 2 DRINK FIRST DOSE

- The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz), until the full liter is consumed
- Drink 16 oz of the clear liquid of your choice. This is a necessary step to ensure adequate hydration and an effective prep



Clear liquids include water, ginger ale, apple juice, Gatorade, lemonade, and broth. No red or purple liquids**

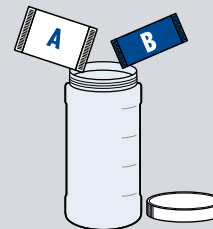
Ask your doctor if you have any questions about whether a particular drink is acceptable.

Beginning at: 4 hours prior to arrival time

STEP 3 MIX SECOND DOSE

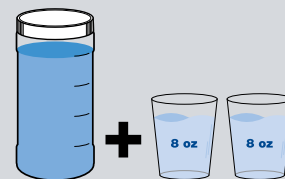
- Empty 1 Pouch A and 1 Pouch B into the disposable container
- Add lukewarm drinking water to the top line of the container. Mix to dissolve

If preferred, mix solution ahead of time and refrigerate prior to drinking. The reconstituted solution should be used within 24 hours.



STEP 4 DRINK SECOND DOSE

- The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz), until the full liter is consumed
- Drink 16 oz of the clear liquid of your choice. This is a necessary step to ensure adequate hydration and an effective prep



A colonoscopy prep causes the body to lose a significant amount of fluid and can result in sickness due to dehydration. It's important that you prepare your body by drinking extra clear liquids before the prep. Stay hydrated by drinking all required clear liquids during the prep. Replenish your system by drinking clear liquids after returning home from your colonoscopy.